

PSHE Overview Year 1 2024-2025

EYFS, KS1 (Years 1 and 2), Lower KS2 (Years 3 and 4), Upper KS2 (Years 5 and 6)

<u>Term</u>	<u>Unit</u>
Autumn 1	Being Healthy
Autumn 2	Bullying Matters
Spring 3	Difference and Diversity
Spring 4	Being Responsible
Summer 5	Exploring Emotions
Summer 6	Relationships

PSHE Overview Year 2 2025 - 2026

EYFS, KS1 (Years 1 and 2), Lower KS2 (Years 3 and 4), Upper KS2 (Years 5 and 6)

<u>Term</u>	<u>Unit</u>
Autumn 1	Being Me
Autumn 2	Being Safe
Spring 3	Money Matters
Spring 4	Drug Education
Summer 5	Growing Up
Summer 6	Changes