NSPCC

kôck say sing play

Try this... Space explorer

- Show your child the world from different points of view.
- When they're in your arms, crouch down low or gently lift them up in the air.
- Describe what you're doing and respond to their reactions. "You're as high as the light! Look what you can see up here!"



The science bit

Moving your child around and talking about what you're doing helps them learn about important concepts like shape and space. Children learn these concepts through back and forth conversations, where you follow their lead and respond to their reactions.



Search 'NSPCC brain-building'

EVERY CHILDHOOD IS WORTH FIGHTING FOR

©NSPCC 2020. National Society for the Prevention of Cruelty to Children. Registered charity England and Wales 216401. Scotland SC037717. The child and adult pictured are volunteers. Photography by Tom Hull. J20181352.

Tips and other brain-building resources provided by the early-learning experts at Vroom™, an initiative of the Bezos Family Foundation.

