



## Try this... Copy cat

- X Like you, children experience many different emotions every day.
- \* Make faces that mirror how your child seems to be feeling.
- \* Talk to them about why you're making those faces. "You're smiling and seem happy, and I am smiling and happy too."



## The science bit

When you imitate the face your child makes, you help them express what they think and feel even though they can't speak yet. These "conversations without words" begin to help them learn about others' feelings and emotions!



## Search 'NSPCC brain-building'

## **EVERY CHILDHOOD IS WORTH FIGHTING FOR**

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Tips and other brain-building resources provided by the early-learning experts at Vroom™, an initiative of the Bezos Family Foundation.

