

Try this...

Colour hunt

- * **Go on a colour hunt** with your baby. Say something like, “Let’s find all the things in the room that are yellow!”
- * **Point out what you find and describe it:** “Here is a yellow book! It has a shiny, smooth cover! We look at books before your nap.”
- * See what **interests them and talk** about that.



 Search ‘NSPCC brain-building’



The science bit

This is not so much about learning the names of colours, which will happen later, but helping your child pay attention to details and make connections between words and the experiences. Most important is learning that what interests them matters.

EVERY CHILDHOOD IS WORTH FIGHTING FOR