

Side dishes (potatoes, rice etc), bread & seasonal vegetables or salad served with every meal

ORDER A SCHOOL MEAL AND START THEIR FOOD ADVENTURE TODAY

Daily - organic yoghurt & fresh fruit

Dates	Options	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 31.10.22	Main Choice 1	Chicken curry with rice & naan	Veggie cottage pie <i>Quorn dippers + pasta</i>	Roast pork with creamed potatoes, stuffing & gravy	Big breakfast with local sausages	Breaded fish fillet with chips
21.11.22 12.12.22	Main Choice 2	Vegetable curry with rice & naan	Vegetable quesadilla with pasta	Roast Quorn fillet with creamed potatoes, stuffing & gravy	Veggie breakfast	Cheese & tomato Pinwheel with chips
*16.01.23 06.02.23	NEW Pasta Bowl Option	Italian pasta bowl	Neapolitan pasta bowl	Roasted tomato ragu pasta bowl	Popeye pasta bowl	Creamy macaroni cheese
06.03.23 27.03.23	Dessert Option	Apple oat biscuit	Jam tart	Fruit jelly	Fresh fruit with bitesize chocolate cracknel	Berry sponge with custard
Week 2 07.11.22	Main Choice 1	Cheese & tomato pizza	Organic beef & potato pie with potatoes & gravy	Organic beef meatballs with creamed potatoes & gravy	Hunters chicken with rice	Fish fingers with chips
*28.11.22 19.12.22	Main Choice 2	Veggie bolognese with pasta	Veggie sausage rolls with potatoes & gravy	Vegan meatballs with creamed potatoes & gravy	Hunters Quorn with rice	Vegetable fingers with chips
23.01.23 *13.02.23	NEW Pasta Bowl Option	Popeye pasta bowl	Roasted tomato ragu pasta bowl	Italian pasta bowl	Creamy macaroni cheese	Neapolitan pasta bowl
13.03.23	Dessert Option	Cornflake bar	Sticky fruit sponge with custard	Fresh fruit with bitesize chocolate crunch	Carrot cake muffin	Bakewell 'no nut' tart
Week 3 14.11.22	Main Choice 1	Beef lasagne with homemade bread <i>Beef meatballs</i>	Organic beef burger in a bun with potato puffs	Roast turkey with Yorkshire pudding, creamed potatoes & gravy	Quorn dippers with sweet & sour sauce with rice	Salmon fishcake with chips
05.12.22 09.01.23	Main Choice 2	Mediterranean Quorn fillet with sunshine rice	Vegetarian burger in a bun with potato puffs	Cheese flan with creamed potatoes & gravy	Not so hot chilli with rice	Margherita pizza with chips
30.01.23 *27.02.23	NEW Pasta Bowl Option	Italian pasta bowl	Neapolitan pasta bowl	Popeye pasta bowl	Roasted tomato ragu pasta bowl	Creamy macaroni cheese
20.03.23 *Theme Day Weeks	Dessert Option	Cookie	Sprinkle cake	Fresh fruit with bitesize flapjack	Shortbread slice	Chocolate & pear cake with chocolate custard

Drinking water available daily. Some schools may offer jacket potatoes and sandwiches with various fillings as an alternative to the pasta bowl option. Menus are planned to comply to the current Government School Food Standards. We endeavour to serve food as specified on the menu, however there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

All desserts are suitable for vegetarians

ALLERGY ICONS

This dessert contains 50% fruit
This meal is suitable for vegetarians
This meal is suitable for vegans

For those children with medical diet requirements, we offer a tailored menu. Please contact Katie Woods 07990 664775 or catering@derbyshire.gov.uk for more information.

Every Food Explorer lunch offers at least 3 of their 5 a day

WORLD CUP CELEBRATION
Tuesday 29th November

Let's explore foods from all the different countries in Group B!

Menu
American hot dogs
English mini roast potatoes
Iranian Shirazi salad
Welsh cakes

Which dish will come out on top?

Christmas Party
December

A fun filled lunch for Food Explorers to enjoy.

Menu
A selection of party dishes
Served with vegetable crudites
Selection of festive desserts

It's time for good food and lots of fun

Festive Feast
December

Order a Christmas dinner and feast for the favourite lunch of the year.

Menu
Roast turkey with chipolata sausage
Or Seasonal vegetable galette
Stuffing & gravy
Seasonal vegetables
Festive desserts

Join in the fun!
SUPER HERO SUPERFOODS
Thursday 19th January

Superfoods can give you super powers

Menu
Spider-Man spaghetti with iron Man meatballs
Wonder Woman super salad
Gladiator garlic bread
Batman berry boost muffin

Let's fuel up with superfood!

WE LOVE FOOD DAY
Tuesday 14th February

A day to celebrate Food Explorers love of food with a menu filled with their favourite dishes.

Menu
Chicken or Quorn wrap
Potato wedges
Scrumptious salad selection
Chocolate sponge with custard

Fantastical Food Day
Thursday 2nd March

To celebrate World Book Day we've created a fantastical feast for Food Explorers to enjoy.

Menu
Phoenix burger or Voldemort veggie sausages
Stuffed cauldrons
Elven bread
Fresh vegetables from the Enchanted Garden
Sorcerer's slime