

How to Hold a Disco at Home

Use this activity sheet to help you to plan your own disco at home. This will help you to work towards getting your Blue Peter Music Badge.

To make your own disco at home, you may wish to think about these questions:

What Music Will You Play?

Music is a great way to remember events and happy memories. Hearing a song can bring back a particular memory, so you may want to include songs that make you feel happy and uplifted, as these can be really good to dance to.

- Write a playlist of songs that will be played at your disco. [Click here](#) for tips on putting together a playlist.
- Think about who will be at your disco and include songs that everyone knows and likes.
- Make sure that you are choosing songs that are good to dance to. You may have a favourite song but, if it is slow or very long, it may not be suited to your disco.

Where Will Your Disco Be Held?

Choose where you are going to hold your disco. You may want to think about using the largest space you have in your home. If you have a garden or courtyard, you may want to use that space. Choose the room or outdoor space that you think would suit the disco best.

When choosing your space, you might want to think about using a space that:

- has enough room to dance in;
- doesn't have any lights or objects that could be broken when dancing;
- you can change with decorations or lighting.



What Decorations Will You Have?

Think about what decorations you will have at your disco. You may wish to include:

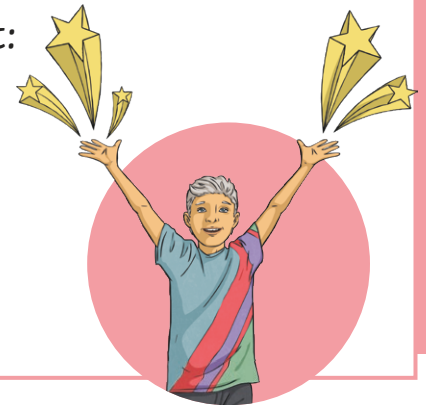
- a banner ([click here](#) for more tips on making your own banner);
- party decorations, such as balloons or bunting;
- special lighting, such as a small disco light or fairy lights.



What Will You Wear?

Everyone needs a disco outfit, so think about what you would like to wear to the disco. You may want to choose something that:

- is easy to dance in;
- makes you feel special;
- makes you feel like a pop or rock star ([click here](#) for tips on dressing up as a rock star).



How Will You Play Your Music?

Before the day of your disco, test out your music equipment. You may need an adult to help you and show you how to set it all up. Make sure that it's loud enough to hear over the dancing!

How Will You Invite People?

Even if you're only inviting people that you live with, you may still want to let your guests know about your disco with a special invitation. You could make your own paper invitation to each guest, make one large invite or even add it as an announcement to your family's message board or chalkboard at home. If you wanted to invite people that you don't live with (such as wider family members or friends), you could find out if it is possible for them to join you via a video call.

