

How to Create a Playlist of Musical Memories

Use this activity sheet to make your own playlist of musical memories. This will help you to work towards getting your Blue Peter Music Badge.

Music is a great way to remember events. Hearing a song can transport you to another place or bring back a memory.

What Is a Playlist?

A playlist is a list of songs that are put together to be played one after the other. To make your own playlist of musical memories, you'll need to think of some songs, then organise them into a list. You may wish to start writing your playlist as a simple list on paper. You could make a table like the one below, to include the title of the song, the artist or composer and the memory it links to.



Song Title	Artist/Band/Composer	Memory

Recalling Your Memories

Start by thinking about all the songs that remind you of particular times or places.

You may have heard a song:

- on a day out;
- on a family holiday;
- at home with a special person;
- at school.



You can add these songs and memories to your playlist.

Family Songs

You may have a song that always reminds you of people you love. This could be one that you sing together in the car, or it could be your favourite kitchen disco track.

Songs that You Have Performed

You may wish to add a special song or piece of music that you have performed in the past. This could be:

- in a school assembly or show;
- as part of a choir or band that you belong to;
- something you have danced to.



Ask Your Family

Talk to your family about your song choices. It may be helpful to ask your closest family and friends what songs remind them of you. It will be interesting if you think of the same songs and memories when you think of them and would be really special to include them in your playlist.



Match the Song to the Event

When you are putting together a playlist, you may want to think about matching the speed or the atmosphere of the songs to the event where you will play them. For example, a playlist that you are listening to while you do your schoolwork might need to be gentle or have no lyrics so that it doesn't distract you. If you are playing your songs at a disco, you might choose songs with a lively beat that is good to dance to.

Playing Your Songs

Think about how you are going to listen to your playlist. You may wish to use physical CDs or even records that you could put into an order, or you may have music stored on your computer or tablet that you can order into a playlist.

